

SOCCER BOWLING

Materials: Tall Cones (1-3 per child)

Game Length: 15-20 minutes

Soccer Skill: Passing or Shooting

Soccer bowling is a game that helps with passing or shooting. You have the kids stand on a line with a ball at their feet. About 3 yards in front of each child you place 1-3 tall cones, depending on how many cones and how many kids you have. You may also have the kids partner up and take turns trying to knock the cones over. At your signal have them strike the ball towards the cones to try and knock down as many cones as they can. Have them work on either the inside of the foot for passing or laces for shooting. You may have to work with each child individually on form and technique. To challenge them more you can back the cones up or give them additional cones if they knock one over a certain number of times.

