SNEAKY PANTS

Materials: Spot Cones (15-20) Game Length: 12-20 minutes Soccer Skill: Dribbling

This game is similar to 'Red light, Green light'. All the kids will start on a line shoulder to shoulder with a soccer ball at their feet. Coach will make a box approx. 45 yards away from the line the kids are on. The coach will stand at the top of the box with his/her back turned. The object is for the kids to successfully dribble their ball into the box without the coach seeing them. The commands are 'Go!' and 'Freeze!' When the coach turns his/her back on the kids and yells 'Go!' The kids must try to sneak closer to the box. When he turns around to face them and yells 'Freeze!' the kids must freeze on the spot. If the coach catches them moving they must go back to the beginning or at least back up a few steps. When the kids successfully sneak into the box, the coach must look at each player as they enter the box and yell 'Sneaky Pants!' The more animated the coach is with his or her commands the more fun the kids will have. Teach them to keep the ball close as they are attempting to sneak in the box. If they kick it too far in front of them they usually get caught.

