

POWER FINESSE

Materials: Spot Cones and 5-10 balls

Game Length: 15-20 minutes

Soccer Skill: Shooting

This is a great shooting game. You will have two teams of 4-5 players each. Each team will line up behind a cone just outside the goal box. The balls will be organized next to one of the goal posts. You will need to select a goalie as well. One player will step between the two lines to be the shooter. The shooter will have two chances to score a goal. The Coach will pass two different balls to the shooter. The 1st pass will go towards the top of the box and the 2nd pass will be a bit closer (the diagram below is the 2nd pass). The shooter will have to take a one time shot from each pass. You may let them take a trap if need be. The shooter must score on at least one of the two shots to stay in the game. If they miss both shots he/she will be out of the game and must help gather the soccer balls for the coach. Each team will eventually lose players from the game and the team left with at least one player is the winning team. If it comes down to one player on each team and they both miss you continue on until one of them makes at least one shot to decide the winner. If the final two players continue to make it they go until one of the players misses both shots. Be sure to emphasize form and technique in this game: toe down, ankle locked and using the laces to strike the ball

