

## PASSING AND MOVING

Materials: Spot Cones (20-25)

Game Length: 10-15 minutes

Soccer Skill: Dribbling and Teamwork

This drill takes place in a 25 X 25 yd. Grid. You can start out with the players standing in place 3-4 yards apart and just passing the ball back and forth two touch (The 1<sup>st</sup> touch to trap the ball, the 2<sup>nd</sup> touch to pass the ball back). After a few minutes of this, explain you want them to begin passing and moving around the square to make it realistic to a game situation. As they move around the square one player will dribble while the other player jogs. They will often follow each other around the square only a few yards apart and you'll want to discourage this. Encourage the kids to go in separate directions and for the player with the ball to dribble for 5-10 seconds before passing it back to their partner.

△ - KIDS

⊗ - Soccer Balls

