

NUMBER PASSING

Materials: Spot Cones (20-25)

Game Length: 10-15 minutes

Soccer Skill: Dribbling and Teamwork

This drill takes place in a 25 X 25 yard grid. Organize the kids in groups of three. You can start out with the players standing in place 3-4 yards apart and just passing the ball in a triangle two touch (The 1st touch to trap the ball, the 2nd touch to pass the ball back). You'll then give the kids in each group the numbers 1-3. Player 1 will pass to player 2, player 2 will pass to player 3 and player 3 will pass back to player 1 and you continue the cycle. After a few minutes of this, explain you want them to begin passing in that order while also moving around the square to make it realistic to a game situation. As they move around the square they may follow each other around the square in the same area and you'll want to discourage this. Encourage the kids to go in separate directions and for the player with the ball to dribble for 5-10 seconds before passing it on to the next number.

△ - Group 1 ○ - Group 2 □ - Group 3 ⊗ - Soccer Balls

