

## CAT AND MOUSE

Materials: Spot Cones (15-20)

Game Length: 12-20 minutes

Soccer Skill: Passing

This is one of the most enjoyable games I've ever seen kids play in soccer. A rectangle is set up with cones approximately 25 to 30 yards in length and 15 to 20 yards in width.

The kids must line their soccer balls up along one side of the rectangle (length ways).

The kids or mice must then line up along one end of the rectangle (width ways).

The coach will start out as the cat and the soccer balls represent the mouse traps. The game begins with the coach yelling '*Are You Ready!*' The mice must respond by cheering loudly ('*Yeah!*') and jumping up and down. The coach will then give the command '*GO!*' and the kids must run from one end of the rectangle to the other without getting hit by a soccer ball. When explaining the rules to the kids tell them that they must run across the kitchen floor to the hole in the wall where their home is. The coach will be hiding behind the couch trying to catch them with his mouse traps. The coach will pass the soccer balls across the square in an attempt to hit the kids as they are running. If a mouse successfully reaches the other side of the rectangle without getting hit by a soccer ball he/she must stop, freeze and wait for the next round. If a mouse does get hit by a soccer ball, he/she then becomes a cat with the coach. Continue on until every mouse has been hit. Make sure you emphasize using the inside of the foot. Cats must keep the ball on the ground and demonstrate control when passing the balls in the middle. They may not use their toe. It will not count if the ball hits the kids above the knee. You can also vary the game by having the kids start out at the Cats. In order to be a mouse they must first hit a mouse with the ball. You will probably have to let them hit you at some point. Make sure you emphasize them using the insides or laces of their foot.

○ - COACH (CAT)    △ - KIDS (MICE)    ⊗ - Soccer Balls

