

ASTROIDS

Materials: Spot Cones (20-25), Tall Cones (20-30)

Game Length: 12-20 minutes

Soccer Skill: Dribbling, Shooting and Passing

This game is designed for 4 and 5 yr. olds. Have the kids sit inside the goal box. Set up all the cones outside the goal box. I refer to the goal box as their space ship. All the cones are the astroids coming towards the ship. In order to save the ship they need to get the astroids with their laser. Their soccer ball is their laser. The only place the laser works is on the white line of the goal box. That is the only place they may kick it. They have a tendency to kick the ball when it is right next to the cone. They need to do a big kick from the white line. Make sure they use either the inside of their foot or their laces. When they hit a little cone with the ball or they knock over a big one they may put those cones in a pile inside the box (ship). Be sure to demonstrate for them first. I usually do a count down when there is only one or two left so they have a chance to win and save the ship.

⊕ - Small Cones ○ - Kids ⊗ - Soccer Balls △ - Tall Cones

