

THE WISC WORD NEWSLETTER



FEATURED



WISC FITNESS ACADEMY OPENS THIS MONTH

Purchase a monthly package and use it for unlimited visits for yoga, aerobics dance, water classes such as water aerobics and Zumba, CrossFit, HIIT 30, HIIT 60, Barbell Club and many more offerings. Contact customer service or visit the website for more information www.thewisc.com.

Upcoming Events

JANUARY 2019

Every 1st Sat	Tumble Time 4-6pm in the upstairs gymnastics area for ages 5 and under
Every 1st Sat	Open Gym 6-8pm in the downstairs gymnastics area ages 6+
January 1st	CLOSED for New Year's Day
January 7th	Term 1 soccer and gymnastics STARTS
January 11th	Parents Night Out
January 18th	Middle School Social
January 25th	Parents Night Out

Go to www.thewisc.com for more details.

BIRTHDAYS

BIRTHDAY PARTIES AT WISC!

WISC can make your child's birthday party extra special! Activities include gymnastics, swimming, soccer or areas in The Zone. Give us a call to check availability and book your party!



SOCCER

WINTER REC SOCCER LEAGUE

Dates: January 2 - March 2
Cost: \$45/Member, \$75/Non-Member
Divisions: 4-5, 5-6, 7-8, 9-11, 12-15
 SPACE IS LIMITED
****NEW**** There is a new all-girls league in addition to our co-ed teams (your choice).



COMMUNITY

WILLIAMSBURG CHRISTMAS PARADE 2018

WISC participated in this year's Williamsburg Christmas Parade. Thank you to all that participated in building the float and being part of that special day!



WILLIAMSBURG VA ROCKS!

Participants, ranging from children to senior citizens, hold meet-ups to collaborate and paint smoothed rocks with uplifting quotes, animals and other fun images. In the group, users post photos of the rocks they have hidden, sometimes including clues or showing the immediate area around the rocks' hiding spot. When a person finds the rock, they'll often post a selfie holding the rock, then re-hide it elsewhere. The Williamsburg rock group had just under 1,000 members.



REC GYMNASTICS

UPCOMING REC GYMNASTICS

December 23-January 6: Closed for Winter Break
January 7: Term 1 Starts
***February 24:** Make-up Class Date
 (*Registration is required)

DANCE

UPCOMING DANCE

December 20-January 2: No Dance Academy Classes
January 3: Classes Resume
January 3-11: Costume Measurements (IMPORTANT! Please be present)

SENTARA SPOTLIGHT

Sentara Therapy Center-Treyburn

Now open and offering physical, occupational and speech therapy for adults and children.



Ask Us About Your Aches and Pains

Direct access to physical therapy makes it easier to get started on the path of healing.*

Visit the newest Sentara Therapy Center in Williamsburg on 3901 Treyburn Drive, or any of the 11 Sentara Therapy Centers conveniently located throughout the Peninsula.

Call 855-852-9066 to schedule or visit www.Sentara.com/Therapy for locations.

**Direct access does not apply to pediatric therapy which requires a physician referral prior to seeing a therapist.*

www.sentara.com

Your community, not for profit health partner



SPECIAL EVENTS

All events require pre-registration at www.thewisc.com

PARENTS NIGHT OUT

JAN 11

Time: 6-10pm | Ages: 4-12

Cost: \$25/First Child, \$20/Additional Siblings

Pizza and drinks are included for dinner.

MIDDLE SCHOOL SOCIAL

JAN 18

Time: 7pm-10pm

Cost: \$10/Person

Music, turf games and fun in the Zone. Light refreshments included.

PARENTS NIGHT OUT

JAN 25

Time: 6-10pm | Ages: 4-12

Cost: \$25/First Child, \$20/Additional Siblings

Pizza and drinks are included for dinner.

MASSAGES

BODY THERAPY CENTER OFFERS MASSAGES

WISC offers Massages. Give Michelle a call to book your appointment 757-903-4302.

KIDS CLUB

JAN 21

SUMMER CAMP AND SCHOOL YEAR REGISTRATION

2018 Summer Camp and 2019-20 School Year Registration for current members begin January 21st.

Open registration for the community will begin February 4th. Please visit our website or contact Conor Dibble cdibble@thewisc.com for further details!



AQUATICS

757SWIM SPLASH & DASH MEET

Dates: January 19-20

The Aquatics Center will be CLOSED for this event and there will be NO swim lessons.



AQUATICS ANNOUNCEMENTS

High School Swim Meets start. There will be NO lap swimming available during those times which will be posted on the website.

SPONSOR OF THE MONTH:

Williamsburg Heating & Cooling

Family and community mean everything to us, so we are very proud to say we have served this amazing community for almost 20 years! We want to thank everyone who has trusted us with their families' comfort! www.williamsburghvac.com

\$20 Off a Service Call

*Merch this coupon. Cannot be combined with any other offer. Expires 5/31/2019

CONTACT

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www.thewisc.com



WELCOME NEW SPONSORS:

Joose Family Orthodontics

Please stop by our various locations on campus where our sponsors offer coupons, special deals and offers: Red Lobster, Williamsburg Winery, Vineyard Vines, just to name a few.



Like us on Facebook at www.facebook.com/thewisc