

THE WISC WORD NEWSLETTER



FEATURED

WISC FITNESS ACADEMY

COMING JAN 1

The WISC Fitness Academy is the best deal in Williamsburg for variety, value and expertise. For a small monthly fee you get access to our huge array of fitness classes! From High Intensity Interval Training (HIIT) and CrossFit to Yoga or Aquatics-based fitness, there is something for every fitness level and taste. The WISC Fitness Academy offers a fresh new fitness experience that provides a truly unique blend of group fitness and personal training options to suit your unique goals.

Stay tuned for further details!



Upcoming Events

DECEMBER 2018

Every 1st Sat	Tumble Time 4-6pm - upstairs gymnastics area for ages 5 and under
Every 1st Sat	Open Gym 6-8pm - downstairs gymnastics area for ages 6+
Nov 30-Dec 2	Pool CLOSED for Open Swim and Lap Swim for Swim Meet
Tues, Dec 4	Mingle with the Kringles 5:30-7:30pm
Fri, Dec 7	Middle School Social
Fri, Dec 14	Parents Night Out
Tues, Dec 25	WISC will be CLOSED for Christmas
Mon, Dec 31	New Years Eve Lock-In

Go to www.thewisc.com for more details.

BIRTHDAYS

BIRTHDAY PARTIES AT WISC!

WISC can make your child's birthday party extra special! Activities include Gymnastics, Swimming, Soccer or areas in The Zone. Give us a call to check availability and book your party!

COMMUNITY

WISC HOSTS YOUNG BUSINESS MINDS

WISC was honored to be chosen by the Williamsburg Chamber of Commerce to be a business platform to these local students involved in The Business Careers Explorers. The Business Careers Explorers is a student group sponsored by the Greater Williamsburg Chamber & Tourism Alliance and Boy Scouts of America. This group allows local high school students to explore career industries that are available to them as they begin to think about their own career paths.



SOCCER

TIDEWATER SHARKS

Futsal Kick-Off Tournament

Dates: December 8 & 9 and December 14-16

SHARKS WINTERFEST INDOOR CAMP

Date: December 27th and December 28th
 Time: 10am-3pm | Location: WISC Indoor Turf
 Cost: \$60/First Child, \$50/Additional Sibling
 Coaches are Martin Vickerton & Michael Boyko.

WINTER REC SOCCER LEAGUE

Dates: Jan 2 - Mar 2
 Cost: \$45/Member, \$75/Non-Member
 Divisions: 4-5, 5-6, 7-8, 9-11, 12-15
 Space is limited. There is a new all-girls league in addition to our co-ed teams (your choice).

TEAM GYMNASTICS

DAVE BROWN INVITATIONAL

DEC 8-9

Dave Brown Invitational at William & Mary Hall. Come cheer our competitive gymnastics team at this local competition!

REC GYMNASTICS

SNOWFLAKE CELEBRATION FUN MEET

SAT DEC 15

Register your child today! You must be registered in Term 6 to learn the routines. Deadline for registration is Dec 1st.

DANCE

DANCE ACADEMY WINTER SHOWCASE

DEC 14

Time: 4:30-8:00pm
 We will have two shows, so please keep an eye out for your child's show time. A cookie party will be included in this fun dance event!

LAST DAY OF GYMNASTICS

SAT DEC 22

There will be no gymnastics classes from Dec 22 until Jan 7th, 2019!

SENTARA SPOTLIGHT

Sentara Therapy Center-Treyburn

Now open and offering physical, occupational and speech therapy for adults and children.



Ask Us About Your Aches and Pains

Direct access to physical therapy makes it easier to get started on the path of healing.*

Visit the newest Sentara Therapy Center in Williamsburg on 3901 Treyburn Drive, or any of the 11 Sentara Therapy Centers conveniently located throughout the Peninsula.

Call 855-852-9066 to schedule or visit www.Sentara.com/Therapy for locations.

**Direct access does not apply to pediatric therapy which requires a physician referral prior to seeing a therapist.*

www.sentara.com

Your community, not for profit health partner



SPECIAL EVENTS

All events require pre-registration at www.thewisc.com

MINGLE WITH THE KRINGLES

DEC 4

Professional photos with Santa by Helens Photography

Time: 5:30-7:30pm

Cost: \$35/First Photo, \$20/Additional

Crafts and refreshments will be provided. No pre-registration required!

MIDDLE SCHOOL SOCIAL

DEC 7

Time: 7pm-10pm

Cost: \$10/Person

Music, turf games and fun in the Zone. Light refreshments included.

PARENTS NIGHT OUT

DEC 14

Time: 6-10pm | Ages: 4-12

Cost: \$25/First Child, \$20/Additional Siblings

Pizza and drinks are included for dinner.

NEW YEARS EVE LOCK-IN

DEC 31

Ages: 5-12 | Cost: \$45/First Child, \$40/Additional Siblings

Zone activities, games galore and a movie! Snacks and breakfast included. Pre-register by noon on Dec 30th.

757SWIM GRAND ILLUMINATION MEET

Dates: Nov 30 - Dec 2

The Aquatics Center will be CLOSED for this event and there will be NO swim lessons.

AQUATICS



AQUATICS ANNOUNCEMENTS

High School Swim Meets start Dec 6th. There will be NO lap swimming available during those times. Meet schedule will be posted online. In addition to our EZ Aqua, Deeply Fit and Aqua HIIT classes, we are now offering Cross-training in the pool.

KIDS CLUB

OUT OF SCHOOL DAY CAMPS

Dates: Dec 20th, 21st, 26th, 27th & 28th

Open from 6:30am-6:00pm. All students planning to attend please fill out our OSDC registration and contact Conor Dibble for more information at cdibble@thewisc.com.



SPONSOR OF THE MONTH: Yankee Candle

2200 Richmond Road, Williamsburg, VA 23185
Be sure to stop by WISC on Dec 4th for Mingle with the Kringles presented by Yankee Candle!



SPECIAL SPONSOR: Riverside Seminar

Date: Thursday, December 6th | Time: 6-6:30pm

The seminar will be held in Room 6 at WISC.

CONTACT



5700 Warhill Trail
Williamsburg, VA 23188
Phone: 757.253.1947
www.thewisc.com

WELCOME NEW SPONSORS

Walsingham Academy and Publix

Please stop by our various locations on campus where our sponsors offer coupons, special deals and offers: Red Lobster, Williamsburg Winery, Vineyard Vines, just to name a few.



Like us on Facebook at www.facebook.com/thewisc